# Rosh Hashanah Day 1 - *Minhah* (Shabbat)

Torah service - Opening



In order to support this year's socially distanced High Holiday season, Reconstructing Judaism is making this excerpt from the *Mahzor Leyamim Nora'im: Prayerbook for the Days of Awe* available without cost. We hope that providing this excerpt will help make your at-home High Holidays observances uniquely meaningful.

We are grateful for the efforts of Rabbi Amy Loewenthal for producing this excerpt in tandem with the Reconstructionist Rabbinical Association under the leadership of Rabbi Elyse Wechterman.

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On Yom Kippur, some communities recite Yizkor (pages 1004-1034) here. The following couplet is recited only on Rosh Hashanah.

Happy are the people who know the shofar blast, ETERNAL ONE! They walk about in the light of your presence.

Happy are they who dwell within your house, may they continue to give praise to you.

Happy is the people for whom life is thus, happy is the people with THE EVERLASTING for its God!

#### A Psalm of David

All exaltations do I raise to you, my sovereign God, and I give blessing to your name, forever and eternally. Blessings do I offer you each day,

I hail your name, forever and eternally.

Great is THE ETERNAL, to be praised emphatically, because God's greatness has no measure.

Declaring praises for your deeds one era to the next, people describe your mighty acts.

Heaven's glorious splendor is my song, words of your miracles I eagerly pour forth.

Wondrous are your powers—people tell of them, and your magnificence do I recount.

Signs of your abundant goodness they express, and in your justice they rejoice.

How gracious and how merciful is THE ABUNDANT ONE, slow to anger, great in love.

To all God's creatures, goodness flows, on all creation, divine love.

Your creatures all give thanks to you, your fervent ones bless you emphatically.

אשרי...יהלכון / Happy...presence (Psalms 89:16). אשרי...סלה / Happy...you (Psalms 84:5). אשרי...אלהיו / Happy...God (Psalms 144:15). On Yom Kippur, some communities recite Yızkor (pages 1004-1034) here. The following line is recited only on Rosh Hashanah:

: הָעָם יוֹדְעֵי תִרוּעָה יהוה בָּאוֹר־פָּגַיִּךְ

Ashrey ha'am yodey teruah adonay be'or paneḥa yehaleḥun.

עוֹד יָהַלְלוֹּךְ פַּלַה: אַשַׁרֵי יוֹשַׁבֵי בֵיתַּדְּ אַשָּׁרֵי הַעַם שִׁיהוה אַלֹהַיו: אַשָׁרֵי הַעֲם שֵׁכַּכַה לּוֹ תהלה לדוד וַאֲבָרְכָה שִׁמִּךְּ לִעוֹלֵם וַעֵּד:

ואַהַלְלַה שָׁמִּךּ לְעוֹלַם וַעֵּד: וַלְגַרְלַתוֹ אֵין חֵקר: וּגבוּרֹתִיךְ יגִּידוּ: ודברי נפלאתיד אשיחה: וּגַדְלַתְּךְ אַסְפַּרְנַה: וִצְדָקָתְךּ יַרַנַּנוּ:

אַרַך אַפַֿיִם וּגִדֵל־חָמֶד: וַרַחַמֵיו על־כַּל־מעשיו: וַחַסִירֵיך יְבַרְכֹוּכָה: →

אַרוֹמִמָּךּ אֵלהַי הַמַּּלֵדְּ בַּכֵל־יוֹם אֲבַרַכֵּדַ גַּדוֹל יהוה וּמהלל מאד דור לדור ישבח מעשיד הדר כבוד הודף ועזויו נוראותיך יאמרו זַכר רב־טוּבד יפֿיעוּ חַנּוּן וְרַחוּם יהוה טוב־יהוה לכל יוֹדוּךְ יהוה כַּל־מעשֿיך

Ashrey yoshvey veyteha od yehaleluha selah.

Ashrey ha'am shekahah lo ashrey ha'am she'adonay elohav. Tehilah ledavid.

Aromimeḥa elohay hameleḥ va'avareḥah shimeḥa le'olam va'ed.

Behol yom avareheka va'ahalela shimeha le'olam va'ed.

Gadol adonay umhulal me'od veligdulato eyn heker.

Dor ledor yeshabah ma'aseha ugevuroteha yagidu.

Hadar kevod hodeha vedivrey nifle'oteha asihah.

Ve'ezuz noroteha yomeru ugedulateha asaperenah.

Zeher rav tuveha yabi'u vetzidkateha yeranenu.

Hanun verahum adonay ereh apayim ugedol hased.

Tov adonay lakol verahamav al kol ma'asav.

Yoduḥa adonay kol ma'aseḥa veḥasideḥa yevareḥuḥah.

594 / TORAH SERVICE: ASHREY

Calling out the glory of your sovereignty, of your magnificence they speak, Letting all people know your mighty acts, and of your sovereignty's glory and splendor. May your sovereignty last all eternities, your dominion for era after era. Strong support to all who fall, God raises up the humble and the lame. All hopeful gazes turn toward you, as you give sustenance in its appointed time. Providing with your open hand, you satisfy desire in all life. So just is God in every way, so loving amid all the divine deeds. Close by is God to all who call, to all who call to God in truth. Responding to the yearning of all those who fear, God hears their cry and comes to rescue them. Showing care to all who love God, THE ETERNAL brings destruction to all evildoers. The praise of THE ALL-KNOWING does my mouth declare, and all flesh give blessing to God's holy name,

Psalm 145

And as for us, we bless the name of Yah, from now until the end of time. Halleluyah!

unto eternity.

ואנחנו...הללויה / And...Halleluyah! (Psalms 115:18).

COMMENTARY. Psalm 145 is an alphabetical acrostic. The translation roughly preserves the sound of the Hebrew initials of each line. The line for the letter *nun* is missing from this psalm, for unknown reasons. J.R.

וּגְבוּרַתִּךְּ יִדְבַּרוּ: כָבוֹד מַלְכוּתִדְּ יֹאמַׁרוּ לְהוֹלִיעֵ לְבָנֵי הַאֲדֵם גְּבוּרֹתִיו וּכְבוֹד הַדֵר מַלְכוּתוֹ: וממשלתה בכל־דור וַדור: מלכותד מלכות כל־עלמים יְזוֹקֵף לְכֵל־הַכִּפוּפִים: סומה יהוה לכל־הַנֹּפִלִים וַאַתַּה נוֹתֶן־לָהֶם אַת־אַכָלַם בִּעִתוֹ: עיני־כֹל אלֿיךּ ישׂבֿרוּ וּמַשָּׂבִּיעַ לְכַל־חֵי רֵצוֹן: פּוֹתֿחַ את־יַרְּדְּ וַחַסִיד בַּכֵל־מֵעֲשֵׂיו: צַדִּיק יהוה בְּכֵל־דְּרַכֵיו לַכל אַשֶּׁר יִקְרַאָּהוּ בֵאָמֵת: קרוב יהוה לכל-קראיו יָשָׁמַע וְיוֹשָׁיעֵם: רצון יראיו יעשה שוֹמֵר יהוה אֵת־כַּל־אֹהֲבָיו ואת כּל־הרשעים ישמיד: וִיבָרֶךְ כַּל־בָּשָׂר שֵׁם קַרְשׁוֹ + תהלת יהוה ידבר פי לעולם ועד: : הַלְלוּיַה: וַאֲנַֿחָנוּ נָבַרֶדְ יַה

Kevod malhuteha yomeru ugevurateha yedaberu. Lehodi'a livney ha'adam gevurotav uhevod hadar malhuto. Malhuteha malhut kol olamim umemshalteha behol dor vador. Someh adonay lehol hanofelim vezokef lehol hakefufim. Eyney hol eleha yesaberu

ve'atah noten lahem et oḥlam be'ito.

Pote'ah et yadeḥa umasbi'a leḥol ḥay ratzon.

Tzadik adonay behol derahav vehasid behol ma'asav.

Karov adonay leḥol korav leḥol asher yikra'uhu ve'emet.

Retzon yere'av ya'aseh ve'et shavatam yishma veyoshi'em.

Shomer adonay et kol ohavav ve'et kol haresha'im yashmid.

Tehilat adonay yedaber pi

vivareh kol basar shem kodsho le'olam va'ed.

Va'anaḥnu nevareḥ yah me'atah ve'ad olam halleluyah.

#### ROSH HASHANAH MINHAH

Uva letziyon may be preceded by Ashrey, page 593.

And a redeemer shall come to Zion, and to those of Jacob who return from their transgression, says THE GOD OF ISRAEL, and as for me, this shall be my covenant with them, says THE REDEEMING ONE: my spirit, which is in your midst, and my words which I have placed into your mouths shall never cease from there,

nor from your seed, nor from the mouths of all born out of them, says GoD, henceforth and for eternity.

And you, O God, are holy, you are enthroned amid the praises sung by Israel,

as they call to one another and declare:

"Holy, holy is THE CREATOR of the Multitudes of Heaven, the world is filled to overflowing with God's glory!"

And they all draw strength from one another, and declare: "Holy in the highest heavens, where God's presence dwells, holy on the earth, where all God's deeds resound, holy to eternity, through all eternities,

THE CREATOR of the Multitudes of Heaven,
yes, the world is overflowing with the splendor of God's light!"

COMMENTARY. And they all draw strength...and declare...And a divine wind. These and the ensuing lines intersperse Hebrew and Aramaic descriptions of the same events, based on the prophetic visions of Isaiah 6:3, Ezekiel 3:12, and Exodus 15:18. The Aramaic paraphrases, typically, are more detailed and expansive, bordering on midrash.

# כונחה לראש השנה

Uva letziyon may be preceded by Ashrey, page 594.

וּכָא לְצִיּוֹן גּוֹאֵל וּלְשָׁבֵי פָּשַׁע בְּיַעַקֹב נְאָם יהוה: וַאֲנִי זֹאת בְּרִיתִי אֹשֶׁר עְלֶּיךּ וּדְבָרֵי אֲשֶׁר־שַׂמְתִּי בְּפִּיךּ לֹא־עָּתְם אָמֵר יהוה רוּחִי אֲשֶׁר עָלֶּיךּ וּדְבָרֵי אֲשֶׁר־שַׂמְתִּי בְּפִּיךּ לֹאַר יָמִוּשׁוּ מִפִּיךּ וּמִפִּי זַרְעַךּ וּמִפִּי זָרְעַךּ אָמֵר יהוה מֵעַתָּה וְעַד־עוֹלְם: וְאַתָּה קָדוֹשׁ יוֹשֵׁב תְּהִלּוֹת יִשְׂרָאֵל: וְקָרָא זֶה אֶל זֶה וְאָמֵר: וּמְקַבְּּלִין קָדוֹשׁ קָדוֹשׁ יהוה צְבָאוֹת מְלֹא כָל־הָאָׁבֶץ כְּבוֹדוֹ: וּמְקַבְּּלִין בִּין מִן בִין וְאָמְרִין: קַדִּישׁ בִּשְׁמִי מְרוֹמָא עִלָּאָה בֵּית שְׁכִינְתֵּה קַדִּישׁ בְּשְׁמִי מְרוֹמָא עַלְּאָה בִּית שְׁכִינְתֵּה קַדִּישׁ לְעָלֵם וּלְעָלְמֵי עָלְמֵיָא יהוה צְבָאוֹת מַלִּי, בַּלֹּר אַרְעָא עוֹבֵד גְּבוּרְתֵּה קַדִּישׁ לְעָלֵם וּלְעָלְמֵי עָלְמֵיָא יהוה צְבָאוֹת מַלִּי, כַּל־אַרְעָא זִיו יִקָרָה:

DERASH. The covenant described in this prayer binds God to constant accessibility. Thus we have the power to make God manifest through our minds, our mouths and our shared experience. So it has been throughout our generations. In this prayer Israel enthrones God—keeps God sovereign—through our declaration of God's holiness. The task of lighting the world with the divine splendor is one we fulfill by declaring God's praises. We thereby create the bonds that join us in holiness and make God manifest in the world. It lies in the power of religious life to take ordinary individuals and join us into a holy people. This is truly a covenant—in continually making ourselves holy, we make God eternally sovereign.

ובא...עולם /And...eternity (Isaiah 59:20-21). ואתה...ישראל /And you...Israel (Psalms 22:4). וקרא...כבודו /As...glory (Isaiah 6:3).

- And a divine wind lifted me aloft; I heard a voice, speaking with great emotion:
- "Blessed is the glory of THE LIVING GOD, wherever God may dwell!"
- And the spirit lifted me; I heard behind me a great, tumultuous sound from those who sang out praises and declared:
- "Blessed is the precious aura of THE OMNIPRESENT, from the place where the Shehinah dwells!

THE ETERNAL ONE shall reign forever, the kingdom of THE FOUNT OF LIFE shall last eternally, through all eternities!"

When Rosh Hashanah falls on Shabbat, continue with removing the Torah from the ark, page 463. Deuteronomy 32:1-12 (on the following page) is read. The Torah is then returned to the ark, page 597. Continue with Hatzi Kaddish, page 735. On all other days, Uva letziyon is immediately followed by Hatzi Kaddish (page 735), the Amidah (pages 739-774), Avinu Malkenu, Kaddish Titkabal, Aleynu, and Mourner's Kaddish.

וַתִּשָּׂאֵנִי רוּחַ וָאֶשְׁמֵע אַחֲרֵי קוֹל רַעשׁ גָּדוֹל: בָּרוּךְ כְּבוֹד יהוה מִמְּקוֹמוֹ וּנְטָלַּתְנִי רוּחָא וְשִׁמְעֵית בַּתְרֵי קָל זִֿיעַ סַגִּיא דִּמְשַׁבְּחִין וְאָמְרִין: בְּרִיךְ יְקָרָא דֵיהוה מֵאֲתַר בֵּית שְׁכִינְתֵּה: יהוה יִמְלֹךְ לְעוֹלָם וָעֵד יהוה מַלְכוּתֵה קָאִים לְעַלַם וּלְעַלְמֵי עַלְמַיָּא:

When Rosh Hashanah falls on Shabbat, continue with removing the Torah from the ark, page 464. Deuteronomy 32:1-12 (on the following page) is read. The Torah is then returned to the ark, page 598. Continue with Hatzi Kaddish, page 736. On all other days, Uva letziyon is immediately followed by Hatzi Kaddish (page 736), the Amidah (pages 739-774), Avinu Malkenu, Kaddish Titkabal, Aleynu, and Mourner's Kaddish.

ברוך...ממקומו /Blessed is the glory...dwell! (Ezekiel 3:12).

The ark is opened.

One of the following may be sung:

(1)

And it happened, when the Ark began its journey, that Moses said: Arise, ASCENDANT ONE, and may your enemies be scattered, May the ones who oppose you Be afraid of your might! Behold, out of Zion emerges our Torah, and the word of THE WISE ONE from Jerusalem's heights. Blessed is God who has given us Torah, to Israel, our people, with holy intent.

(2)

Open to me, O you gateways of justice, Yes, let me come in, and give thanks unto Yah! This is the gateway to ONE EVERLASTING, let all who are righteous come in.

KAVANAH. Whenever the ark was moved, this signaled to the Israelites that it was time to break camp and move on. In our religious life, we can never be sure when the command to get up and move will reverberate in our minds and hearts. This is the threat and meaning in openness to religious experience, for it can transform who we are and lead us on a journey whose destination we do not know as we set out. All we need is the courage to listen.

The ark is opened.

One of the following may be sung:

(1)

וַיְהִי בִּנְסֹעַ הָאָרֹן וַיֹּאמֶר מֹשֶה קֿוּמָה יהוה וְיָפַּצוּ אֹיְבֶּיךּ וְיָנֵסוּ מְשַּׂנְאֶיךּ מִפָּנֻידּ:

כִּי מִצִּיּוֹן הַצֵא תוֹרָה וּדְבַר יהוה מִירוּשְׁלָּיִם: בָּרוּךְ שֶׁנָתֵן תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל בִּקְדָשָׁתוֹ:

Vayhi bin<u>so</u>'a ha'aron va<u>yo</u>mer mosheh <u>ku</u>mah adonay veya<u>fu</u>tzu oy<u>ve</u>ḥa veya<u>nu</u>su mesan<u>e</u>ḥa mipa<u>ne</u>ḥa.

Ki mitziyon tetzey torah udvar adonay mirushalayim.

Baruḥ shenatan torah le'amo yisra'el bikdushato.

(2)

פָּתְחוּ־לִי שַׁעֲרֵי־צֶּדֶק אָֿבֹא־בָם אוֹדֶה יָה: זֶה־הַשַּּעַר לַיהוה צַדִּיקִים יָבֿאוּ בוֹ:

Pitḥu li sha'arey tzedek avo vam odeh yah. Zeh hasha'ar ladonay tzadikim yavo'u vo.

ויהי...מפניך/And...might! (Numbers 10:35). כי...ירושלים/Behold...Jerusalem's heights (Isaiah 2:3). פחחו...בו (Psalms 118:19-20). The leader takes out the Torah and recites each line, followed by the congregation:

Listen, Israel: THE ETERNAL is our God, THE ETERNAL is one!

One is our God, great is our sovereign, holy and awesome is God's name.

The leader faces the ark, bows and says:

Declare with me the greatness of THE INFINITE, together let us raise God's name.

The leader carries the Torah around the room as the leader and congregation sing:

To you, ETERNAL ONE, is all majesty, and might, and splendor, and eternity, and power! For everything that is, in the heavens and the earth, is yours, ALMIGHTY ONE, as is all sovereignty, and highest eminence above all beings. Exalt THE MIGHTY ONE our God, Bow down before God's footstool. God is holy! Exalt the name of THE INEFFABLE, Bow down before God's holy mount, For holy is THE AWESOME ONE, our God!

The Torah reading for the first day of Rosh Hashanah begins on page 481 or page 491; for the second day of Rosh Hashanah, page 503; for Yom Kippur, page 517.

להדם רגליו / before God's footstool. According to tradition, in the Jerusalem Temple there were two cherubim whose wings joined to form a seat. In other ancient Near Eastern temples, an idol was seated in such a chair. In Jerusalem, the chair remained empty with the ark below. The ark was seen as God's footstool, and the Temple as God's entry point into the world. We hope our worship brings God into the world.

The leader takes out the Torah and recites each line, followed by the congregation:

יַשְׁמַע יִשְּׂרָאֵל יהוה אֱלֹהֵינוּ יהוה אֶחָר:

Shema yisra'el adonay eloheynu adonay ehad.

אָחָד אֵלהֵֿינוּ גָּדוֹל אֲדוֹנִינוּ קָדוֹשׁ וְנוֹרָא שְׁמוֹ:

Eḥad eloheynu gadol adoneynu kadosh venora shemo.

The leader faces the ark, bows and says:

גַּדְלוּ לַיהוה אָתִּי וּנְרוֹמְמָה שְׁמוֹ יַחְדָּו:

Gadelu ladonay iti unromemah shemo yahdav.

The leader carries the Torah around the room as the leader and congregation sing:

לְךְּ יהוֹה הַגְּּרֻלָּה וְהַגְּבוּרָה וְהַתִּפְּאֶׁרֶת וְהַנֵּצֵח וְהַהוֹד כִּי־כֹל בַּשְּׁמַּיִם וּבָאָּרֶץ לְךְּ יהוֹה הַמַּמְלָכָה וְהַמִּתְנַשֵּׂא לְכֹל לְרֹאשׁ: רוֹמְמוּ יהוֹה אֱלֹהֵינוּ וְהִשְׁתַּחֲווּ לַהֲרֹם רַגְלָיו קָדוֹשׁ הוּא: רוֹמְמוּ יהוֹה אֱלֹהֵינוּ וְהִשְׁתַּחֲווּ לְהַר קַּרְשׁוֹ כִּי־קָדוֹשׁ יהוֹה אֱלֹהֵינוּ:

Leḥa adonay hagedulah vehagevurah vehatiferet vehanetzaḥ vehahod ki hol bashamayim uva'aretz leḥa adonay hamamlaḥah vehamitnasey leḥol lerosh.

Romemu adonay elo<u>hey</u>nu vehishtaḥavu lahadom raglav kadosh hu.

Romemu adonay elo<u>hey</u>nu vehishtaḥavu lehar kodsho ki kadosh adonay eloheynu.

The Torah reading for the first day of Rosh Hashanah begins on page 482 or page 492; for the second day of Rosh Hashanah, page 504; for Yom Kippur, page 518.

גדלו...יחדו / Declare...name (Psalms 34:4). לך...לר...לראש / To you...beings (I Chronicles 29:11). Exalt...our God! (Psalms 99:5,9). The Torah is placed on the reading table and opened. The gabay says:

May God help, protect, and save all who seek refuge in God's shelter, and let us say: Amen.

Let everyone declare the greatness of our God, let all give honor to the Torah.

May \_\_\_\_\_\_ arise, as the first (second, third, ... seventh) one called up to the Torah.

Blessed is the One who has given Torah to the people Israel!

COMMENTARY. The public reading of the Torah is a form of ritualized study designed to actively engage the participants. During the Torah reading, one person reads from the scroll. There are also two gabayim. One gabay assigns the Torah honors, calls people up to the Torah, and recites additional prayers, including the mi sheberah prayers. The second gabay follows the Torah reading closely and corrects errors.

Traditionally, seven adult Jews were called on Shabbat morning, six on Yom Kippur, five on Pilgrimage Festivals and Rosh Hashanah, four on Rosh Hodesh and three on weekdays, Hanukah and Shabbat afternoon. On days when the haftarah is chanted, an additional aliyah, known as the maftir, is given to the person who reads the haftarah. In many contemporary synagogues, there are fewer aliyot on Shabbat and holidays.

The Torah is placed on the reading table and opened. The gabay says:

יְיַעֲזוֹר וְיָגֵן וְיוֹשִּׁיעַ לְכֹל הַחוֹסִים בּוֹ וְנֹאמֵר אָמֵן: הַכֹּל הַבוּ גֹדֵל לֵאלהַׁינוּ וּתִנוּ כָבוֹר לַתּוֹרָה:

יַעַמוֹד/תַּעֲמוֹד/יַעַמְדוּ = בֶּן/בַּת לְעַלִּיָה/לַמַּפְטִיר [הָרִאשוֹנָה, הַשֵּׁנִית, הַשְּׁלִישִׁית, הָרְבִיעִית, הַחֲמִישִׁית, הַשִּׁלִישִׁית, הַשְּׁלִישִׁית, הַשְּׁלִישִׁית, הַשְּבִיעִית, הוֹסָפָּה] בְּשְׁבִיעִית, אוֹסָבָּה לְעַמּוֹ יִשְׂרָאֵל בִּקְדָשָׁתוֹ:  $\rightarrow$ 

NOTE. The biblical texts used in this mahzor for all Torah and haftarah readings follow the Masoretic vocalization and trope, and therefore differ from the liturgical Hebrew in the rest of the book.

Congregation and gabay continue:

And you who cling to THE ETERNAL ONE your God, are all alive today!

COMMENTARY. The 1945 Reconstructionist prayerbook eliminated all references to Jewish chosenness for both ideological and moral reasons. Chosenness posits a God who chooses, and it supports claims of national superiority. Thus, that prayerbook's Torah blessings replace bahar banu mikol ha'amim/who has chosen us from all the peoples, with asher kervanu la'avodato/who has drawn us to your service. This prayerbook follows the 1945 version but provides alternatives in the commentary on the facing page.

COMMENTARY. The *aliyah* is the public enactment of an individual's commitment to Judaism, reiterated in the words of the hallowed formula. It is an enactment of belonging and an enactment of belief.

The aliyah is always a numinous moment when the experience of divinity is strong. Even though this numinous quality often is dimmed by repetition or by our increased informality, we still experience the power of standing on the bimah before the Torah ark, ner tamid (eternal light), Jewish officiants, and fellow Jews. The act links us in the living moment to the mythic event of God's calling the Jewish people at Sinai, as well as to all other moments of calling in Jewish and human experience. When we chant new words, rather than the words of the tradition, we are doing more than merely changing a formula of words; we are enacting our own calling to a new and no longer traditional way of being Jewish. Whereas saying asher bahar banu links us to the biblical drama at Sinai, chanting asher kervanu links us both to that drama and to the Reconstructionist movement's root metaphor of Judaism as an evolving religious civilization.

Robin Goldberg

ראחם הדבקים...היום /And you who cling...today (Deuteronomy 4:4). The people to whom this verse was originally spoken live on through their place in the chain of tradition. We touch the past by bringing the ancient words to life. And when future generations recite this verse, we, who have kept the chain alive, will be present. You who cleave to Adonay your God, you are all alive today.

Congregation and gabay continue:

ּוְאַתֶּם הַדְּבֵקִים בַּיהוה אֱלֹהֵיכֶם חַיִּים כַּלְּכֶם הַיּוֹם:

Ve'atem hadevekim badonay eloheyhem hayim kulehem hayom.

The last part of the blessing preceding the Torah reading has been the subject of considerable discussion. Below are several current variants. You can use these by selecting one from section I, one from II, and then III:

I. בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ כֶּּלֶדֶף הָעוֹלָם Baruḥ atah adonay elo<u>hey</u>nu <u>me</u>leḥ ha'olam

בְּרוּךְּ אַחָּה יהוה אֱלֹהֵינוּ חֵי הָעוֹלָמִים Baruḥ atah adonay elo<u>hey</u>nu ḥey ha'olamim

נְבֶרֵךְ אֶת עֵין הַחַיִּים Nevareh et eyn hahayim

II. אַשֶּׁר קַרְבָּנוּ לַעֲבוּדָתוּ וְנְּתַן לְּנוּ אָת חוֹרַתוֹ:

> asher ker<u>va</u>nu la'avodato ve<u>na</u>tan <u>lanu et torato</u>.

אֲשֶׁר בָּחַר בְּנוּ מִכְּל הָעַמִּים וְנְּתַן לְנוּ אֶת תּוֹרָתוֹ:

asher baḥar <u>ba</u>nu mikol ha'amim ve<u>na</u>tan <u>la</u>nu et torato. Blessed are you, ETERNAL ONE, our God, sovereign of all worlds

Blessed are you, ETERNAL ONE, our God, life of all the worlds

Let us bless the source of life

who has drawn us to your service, and given us your Torah.

who has singled us out from all the peoples and given us your Torah.

III. בָּרוּךְ אַתָּה יהוה נוֹתֵן הַתּוֹרָה:

Baruḥ atah adonay noten hatorah.

Blessed are you, ETERNAL ONE, giver of the Torah.

The phrase nevareh et eyn haḥayim was originally formulated by poet Marcia Falk (see SOURCES, p. 1248).

#### 474 / HOTZA'AT SEFER TORAH/THE TORAH SERVICE

#### BIRHOT HATORAH / TORAH BLESSINGS

Those who receive an aliyah to the Torah say the following blessings:

Bless THE INFINITE, the blessed One!

Congregation:

Blessed is THE INFINITE, the blessed One, now and forever!

The response of the congregation is repeated, and the blessing continued as follows (For alternative versions, see page 474):

Blessed are you, ETERNAL ONE, our God, the sovereign of all worlds, who has drawn us to your service, and has given us your Torah. Blessed are you, ETERNAL ONE, who gives the Torah.

After the section of the Torah is read, the following blessing is recited:

Blessed are you, ETERNAL ONE, our God, the sovereign of all worlds, who has given us a Torah of truth, and planted in our midst eternal life. Blessed are you, ETERNAL ONE, who gives the Torah.

COMMENTARY. Group aliyot provide an opportunity for including more people in public roles on the Yamim Nora'im. In this season of transition, many communities focus group aliyot on beginnings (births and adoptions, new homes, jobs, new committed relationships, weddings, new schools), endings (loss of loved ones, retirements, graduations), and milestones (trips to Israel, beney mitzvah). Some communities use one day to mark the past year's accomplishments (tikun olam, Jewish learning, leading worship, offering hospitality, communal leadership, tzedakah, adult bar/bat mitzvah). Some use a day for marking similar new commitments. Other aliyot might be used for those who are healing or who have recovered from lifethreatening illness, or those new to the community.

B.P.T./R.S./D.A.T.

COMMENTARY. The blessing over the Torah recalls the *Bareḥu*, the call to worship, the beginning of the morning and evening services recited only in the presence of the minyan, ten adult Jews. The blessing encircles the Torah reading in a familiar liturgical pattern of blessing and study. Through blessing, study, and community we manifest God, Torah and Israel.

Those who receive an aliyah to the Torah say the following blessings:

: בֶּרְכוּ אֶת יהוה הַמְבֹּרָךְ Bareḥu et adonay hamevorah.

Congregation:

בֶרוּךְ יהוה הַמְבֹרָךְ לְעוֹלָם וָעֶד: Baruh adonay hamevorah le'olam va'ed.

The response of the congregation is repeated and the blessing continued as follows (for alternative versions, see page 474):

בָּרוּךְ אַפָּה יהוה אֱלֹהֵינוּ כֶּׂלֶךְ הָעוֹלָם אֲשֶׁר קֵרְבָּנוּ לַעֲבוֹדָתוֹ וְנָֿתַן־לָּנוּ אֶת־תּוֹרָתוֹ: בָּרוּךְ אַפָּה יהוה נוֹתֵן הַתּוֹרָה:

Baruḥ atah adonay elo<u>hey</u>nu <u>me</u>leḥ ha'olam asher ker<u>va</u>nu la'avodato ve<u>na</u>tan <u>la</u>nu et torato.

Baruḥ atah adonay noten hatorah.

After the section of the Torah is read, the following blessing is recited:

בְּרוּךְ אַמָּה יהוה אֱלֹהֵינוּ כֶּׁלֶּךְ הָעוֹלָם אֲשֶׁר נְֿתַן־לְּנוּ תּוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נָטַע בְּתוֹבֵנוּ: בָּרוּךְ אַמָּה יהוה נוֹתֵן הַתּוֹרָה:

Baruḥ atah adonay elo<u>hey</u>nu <u>me</u>leḥ ha'olam asher <u>na</u>tan <u>la</u>nu torat emet veḥayey olam nata beto<u>ḥey</u>nu. Baruh atah adonay noten hatorah.

DERASH. Aliyah is ascent. We ascend to the Torah to acknowledge that we choose to live under its laws and principles. We ascend to the Torah to affirm that we are part of a people and a story that is much greater than ourselves. We ascend to the Torah to represent those who remain below. We ascend to the Torah to risk receiving an honor, to risk being known and seen, to risk being at Sinai again. We ascend to the Torah with slow steps, or in haste, with enthusiasm or reluctance, in awe or in fear, in hope and in love.

## BIRKAT LIMUD TORAH/ BLESSING PRECEDING TORAH STUDY

Blessed are you, The One of Sinal, our God, the sovereign of all worlds, who made us holy with your mitzvot, and commanded us to occupy ourselves with words of Torah.

COMMENTARY. The three blessings on pages 170, 174, and 176 constitute a meditation on body, soul and intellect. The first blessing reflects the intricate workings of our physiology. We recognize the wondrous system of arteries, organs and glands that comprise the "human machine." We then celebrate the purity of the soul that is implanted within us, we feel the "wind-spirit" of our own breath, our anima filled with air. As we breathe, all the systems of our bodies are also filled with life-sustaining oxygen. Finally, we rejoice in our intellects—in our ability to study and grapple with words of Torah, to reflect on them and our capacity to teach them to future generations.

### בִּרַכַּת לִמוּד תּוֹרָה

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ כֶּׁלֶךְ הָעוֹלָם אֲשֶׁר קִדְשָׁנוּ בְּמִצְוֹתִיו וְצִּנְּנוּ לַעֲסֹק בִּדְבֵרִי תוֹרָה: ----

Baruḥ atah adonay elo<u>hey</u>nu <u>me</u>leḥ ha'olam asher kide<u>sha</u>nu bemitzvotav vetzi<u>va</u>nu la'asok bedivrey torah.

לעסק בדברי חורה /to occupy ourselves with words of Torah. The Hebrew words here do not say "to study Torah," but rather to "be engaged" or "to be busy with" the study of Torah. We study Torah not as an intellectual exercise alone. Rather, we understand our "engagement" with Torah more holistically—as an every day, every moment activity. We also understand that to be fully "engaged" with Torah is to wrestle with Torah—to challenge our tradition while loving it, to question while celebrating it.

L.G.B.

Transmit to us, WISE ONE, our God, your Torah's words, into our mouths, and to the mouths of all the House of Israel, who called you kin. May we, and our children, and all the children of your people, the House of Israel, all of us, be knowers of your Name and learners of your Torah, for its sake alone. Blessed are you, THE SAGE, who teaches Torah to your people Israel.

Study selections on the themes of the High Holy Days from biblical and rabbinic literature follow. Other selections could, of course, be used.

COMMENTARY. Blessings and texts for Torah study are a traditional part of Birhot Hashahar. Like body and soul, Torah study is a daily part of Jewish living. Rabbinic literature records more than a half dozen versions of Torah blessings. The ornate Torah blessing in our text (pages 175-178) both begins and ends with the formula "Baruh atah." In the first instance, the formula of the blessing acknowledges that Torah study is essential to Jewish life. The concluding phrase of blessing praises God as the teacher of Torah. From a Reconstructionist perspective, the metaphor of God as teacher is an invitation and challenge to discern the divine presence in learning. A talmudic passage appears between the two blessings. It offers the hope that we, the people Israel, will always see Torah as an intrinsic part of ourselves.

ְּוָהַעֲרֶב־נָא יהוה אֱלֹהֵׁינוּ אֶת דִּבְרֵי תוֹרָתְךְּ בְּפִּינוּ וּבְפִי עַמְּךְּ בֵּית יִשְׂרָאֵל וְנִהְיֶה אֲנַֹחְנוּ וְצָאֱצָאֵינוּ וְצֶאֱצָאֵי עַמְךְּ בֵּית יִשְׂרָאֵל כִּלְּנוּ יוֹדְעֵי שְׁמֶּךְ וְלוֹמְדֵי תוֹרָתְךְּ לִשְׁמָה: בָּרוּךְ אַתָּה יהוה הַמְלַמֵּר תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל:

Veha'arev na adonay elo<u>hey</u>nu et divrey torateḥa be<u>fi</u>nu uvefi ameḥa beyt yisra'el venihyeh a<u>naḥ</u>nu vetze'etza'eynu vetze'etza'ey ameḥa beyt yisra'el kulanu yodey she<u>me</u>ḥa velomdey torateḥa lishmah. Baruḥ atah adonay hamlamed torah le'amo yisra'el.

Study selections on the themes of the High Holy Days from biblical and rabbinic literature follow. Other selections could, of course, be used.

DERASH. We must study the Torah with a view toward discerning the great traits of Jewish consciousness that struggled to become articulate in its traditions, laws, prophecies, psalms and wisdom. We should study all of its traditions with the purpose of finding out their bearing on Israel's destiny and duty in the world and then seek to make that destiny and duty our own.

M.M.K. (Adapted)

## BIRKAT HAGOMEL / BLESSING FOR DELIVERANCE AND GOOD FORTUNE

If the person called up to the Torah has recently escaped danger or returned safely from a journey, he or she recites as follows:

Blessed are you, ABUNDANT ONE, our God, the sovereign of all worlds, who bestows good things on those in debt to you, and who has granted me all good.

Congregational response to one who offers this blessing:

Amen. And may the one who has bestowed upon you good, continue to bestow upon you good.

For a mi sheberah for an individual or for a group, see pages 479-480. For other mi sheberah prayers, see Kol Haneshamah: Shabbat Vehagim, pages 685-693.

COMMENTARY. Mi sheberah prayers announce to the whole community individual times of joy and need. When birkat hagomel or a mi sheberah is recited, it is customary to contribute to tzedakah. Often this offering is directed to the synagogue. On happy occasions this serves as an offering of thanksgiving. A mi sheberah in the form of petition, such as a prayer for healing, was traditionally offered in the hope that a good deed would encourage divine intervention. More recently the act of tzedakah has been understood as a tangible way of expressing gratitude for the support and good wishes of the community. Just as the community supports the individual in times of need, so does the community depend upon the support of each individual.

## בִּרְכַּת הַגּוֹמֵל

If the person called up to the Torah has recently escaped danger or returned safely from a journey, he or she recites as follows:

בָּרוּךְ אַתָּה יהוה אֱלהֵֿינוּ כֶּּלֶךְ הָעוֹלָם הַגּוֹמֵל לְחַיָּבִים טוֹבוֹת שֵׁגִּמַלַנִי כֵּל טוֹב:

Baruḥ atah adonay elo<u>hey</u>nu <u>me</u>leḥ ha'olam hagomel leḥayavim tovot shegemalani kol tov.

Congregational response to a man who offers this blessing:

אָמֵן. מִי שֶׁגְּמָלְדְּ טוֹב הוּא יִגְמֵלְדְּ כֵּל טוֹב סֶּׁלָה:

Amen. Mi shegemaleḥa tov hu yigmolḥa kol tov selah.

Congregational response to a woman who offers this blessing:

אָמֵן. מִי שֶׁגְּמָלֵךְ טוֹב הוּא יִגְמֲלֵךְ בָּל טוֹב סֶּלָה:

Amen. Mi shegemaleh tov hu yigmoleh kol tov selah.

COMMENTARY. At the mysterious edges of life we seek the embrace of our community past and present. Hence individuals marking recovery from illness or the birth of a child are blessed before the open Torah. This process can build community as news is communicated and support mobilized. Most significantly it counteracts the devastating possibility of isolation in times of vulnerability. The practice gives voice to gratitude and anxiety in a forum where it can be shared and transformed into connectedness and faith.

S.P.W.

Male

מִי שֶׁבֵּרַךְּ אֲבוֹתֵּינוּ אַבְּרָהָם יִצְחָק וְיַצֵקֹב וְאִמּוֹתֵינוּ שָּׁרָה רִבְּקָה רָחֵל וְלֵאָה הוּא יְבָרֵךְ אֵת \_\_\_\_\_ בֶּן \_\_\_\_ וְ שְּעָלָה לִכְבוֹד הַנּאָה הוּא יְבָרֵךְ אֵת \_\_\_\_\_ בֶּן \_\_\_\_ וְ וְלִכְבוֹד יוֹם הַדִּין: \* הַקְּדוֹש הַפָּלוֹם וְלִכְבוֹד הַתּוֹרָה (וְלִכְבוֹד הַשַּׁבָּת) וְלִכְבוֹד יוֹם הַדִּין: \* הַקְּדוֹש בְּרוּךְ הוּא יְחַבִּיהוּ וְיִשְׁמְבֹהוּ מִבְּל־צָּרָה וְצוּקָה וּמִבְּל־נָגֵע וּמַחֲלָה וְיִשְׁמְבֹּח בְּרָכָה וְהַצְּלָחָה בְּכָל מַצְשֵׂה יָדִיו וְיִכְתְּבֶהוּ וְיַחְתְּמֶהוּ לְחַיִּים וְיִשְׁרָאֵל אֶחָיו וְאַחְיוֹתָיו וְנֹאמֵר אָמֵן: טוֹבִים בְּזָה יוֹם הַדִּין עִם־בָּל־יִשְׂרָאֵל אֶחָיו וְאַחְיוֹתָיו וְנֹאמֵר אָמֵן:

Female

מִי שֶׁבֵּרַךְ אֲבוֹתֵּינוּ אַבְרָהָם יִצְחָק וְיַעֵּקֹב וְאִמּוֹתֵּינוּ שָּׁרָה רִבְּקָה רְבְקָה בְּתְ בַּתְ בַּתְ בַּתְ בְּתְ וְלְכְבוֹד הַמַּלְתָה לְכְבוֹד הַמָּקוֹם וְלִכְבוֹד הַתּוֹרָה (וְלִכְבוֹד הַשַּׁבָּת) וְלִכְבוֹד שִׁמְלֶתָה לְכְבוֹד הַמְּלְנִה לְכְבוֹד הַמְּלְנִה בְּלְכְבוֹד הַמְּלְנָה בְּלְכְבוֹד הַמְּלְרָה וְיִשְׁמְלֶּה מְבָּל־צָרָה וְמִצְּלָחָה בְּכָל מִעֲשֵׂה יָבֶּיה וְצוּקָה וְמִשְׁכֵּל מְעֲשֵׂה יְנִשְׁלֵח בְּרָכָה וְהַצְּלְחָה בְּכָל מִעֲשֵׂה יָבֶּיה וְנִשְׁרָאֵל וְיִשְׁרָאֵל וְבִיּבְּה וְיִשְׁרָאֵל אַמֵן:

May the one who blessed our ancestors, Abraham, Isaac, and Jacob, Sarah, Rebekah, Rachel, and Leah, bless \_\_\_\_\_\_ who has risen today in honor of the SOURCE OF ALL and in honor of the Torah (and Shabbat) and in honor of this Day of Awe.\* May he/she be granted life and kept from every trouble and affliction, and from every harm and sickness. May he/she be granted blessing and success in all his/her labors, and may he/she be written and sealed for good life on this Day of Awe along with all of Israel, and let us say: Amen.

<sup>\*</sup>At this point in the *mi sheberaḥ*, an additional phrase can easily be added. The *gabay* may choose to chant part or all of the *mi sheberaḥ* in English. When Hebrew alone is used, an English announcement of the occasion is appropriate.

## COLLECTIVE BLESSING FOR THOSE WHO HAVE RECEIVED ALIYOT

מִי שֶׁבֵּרַךְ אֲבוֹתֵּינוּ אַבְרָהָם יִצְחָק וְיַעֲקֹב וְאִמּוֹתֵּינוּ שָׂרָה רִבְּקָה רָחֵל וְלֵבְהׁה הִּיּא יְבָרֵךְ אֶת כֵּל אֵׁלֶּה שֶׁעָלוּ הַיּוֹם לִכְבוֹד הַמָּקוֹם לְכְבוֹד הַתּּלְרָה (וְלִכְבוֹד הַשַּׁבָּת וְ) יוֹם הַדִּין בִּשְּׁכֵר זֶה הַקָּדוֹשׁ בָּרוּךְ הוּא יְחֵיֵּים וְיִשְׁמְרֵם מִבְּל צָּנָה וְצוּקָה וּמִבֶּל נָגַע וּמַחֲלָה וְיִשְׁלַח בְּרָכָה וְמִיֵּים וְיִשְׁמְת בְּכָל מֵעֲשֵׂה יְדִיהֶם וְיִכְתְּבֵם וְיַחְתְּמֵם לְחַיִּים טוֹבִים בְּזֶה וֹהַצְּלָחָה בְּכָל מֵעֲשֵׂה יְדִיהֶם וְיִכְתְּבֵם וְיַחְתְּמֵם לְחַיִּים טוֹבִים בְּזֶה יוֹם הַדִּין עִם כֵּל יִשְׂרָאֵל אֲחֵיהֶם וְאַחִיוֹתֵיהֶם וְנֹאמֵר אָמֵן:

May the one who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebekah, Rachel and Leah, bless all those here who have risen today in honor of the Omnipresent, and in honor of the Torah, (and in honor of Shabbat,) and in honor of this Day of Awe. And by this merit, may they be granted life and kept from all trouble and affliction, and from every harm or sickness, and may they find blessing and success in all their labors, and may they be written and sealed for good life on this Day of Awe, along with all of Israel, all their brothers and their sisters, and let us say: Amen.