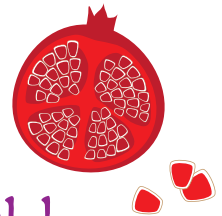


L'Dor va-Dor: Congregations Across Generations
Reconstructionist Learning Network
Spring, 2018/5778
Session I



Growing Older

Wisdom + spirit beyond midlife

Exodus 10:8-11

וַיּוֹשֶׁב אֶת־מֹשֶׁה וְאֶת־אַהֲרֹן אֶל־פַּרְעֹה וַיֹּאמֶר אֲלֵהֶם לָכוּ עַבְדוּ אֶת־יְהוָה
אֱלֹהֵיכֶם מִי וּמִי הֵהָלָכִים:

Moses and Aaron were brought back to Pharaoh and he said to them, “Go, worship the ETERNAL, your God! Who are the ones to go?”

וַיֹּאמֶר מֹשֶׁה בְּנַעַרְיָנוּ וּבְזַקְנֵינוּ וּבְכַנִּינֵנוּ וּבְבָנֵינוּ וּבְכַנּוֹתֵנוּ בְּצֹאנֵנוּ וּבְבָקָרֵנוּ גֵלְךָ כִּי
חַג־יְהוָה לָנוּ:

Moses answered, “We will all go—with our young and with our old, our sons and our daughters, our flocks and herds, for we must observe the ETERNAL’s festival,”

וַיֹּאמֶר אֲלֵהֶם יְהִי כֹן יְהוָה עִמָּכֶם כַּאֲשֶׁר אֲשַׁלַּח אֶתְכֶם וְאֶת־טַפְּכֶם רְאוּ כִּי רָעָה
נִגְדַּד פְּנֵיכֶם:

But [Pharaoh] responded, “The ETERNAL be with you – the same as I mean to let your children go with you. Clearly you are bent on mischief!”

לֹא כֹן לְכוּ־נָא הַגְּבָרִים וְעַבְדוּ אֶת־יְהוָה כִּי אֵתָּה אַתֶּם מְבַקְשִׁים וַיִּגְרַשׁ אֶתֶם
מֵאֵת פְּנֵי פַרְעֹה:

“No way! You menfolk go and worship the ETERNAL for that is what you asked for,” and they were expelled from Pharaoh’s presence.

Themes of Development Across the Adult Lifespan

	Home on the range (intimate relations hips)	Working 9-5 (career, <i>parnassa</i>)	With a Little Help from my friends (friendship, community)	Let's Get Physical (physical health, capacity)	Let it Be (spirituality, meaning)
Young adult (20-35)					
Middle adult (35-55)					
Late middle age (55-70)					
Independent elders (approx. 70+)					
Frail/dependent elders					